

## Valley View Healthy Living Calendar Design Contest Cover Design Contest

Valley View Health Center is celebrating 20 years of providing medical, dental, pediatrics, behavioral health, walk-in, and pharmacy services in Lewis, Pacific, and Thurston Counties. Our mission is *To improve the health and well-being of the community by providing quality and compassionate healthcare services in a patient-centered atmosphere respecting individual and cultural diversity.* To learn more about Valley View, visit vvhc.org.

The **Valley View Healthy Living Coloring Contest** is an opportunity to celebrate healthy living through an 18month calendar. The contest for the cover design is open to all individuals who reside in Lewis, Pacific, or Thurston Counties (or are an employee or family member of Valley View Health Center). Judging will be by the employees of Valley View Health Center.

## Submission Criteria:

- Draw a picture to celebrate Valley View Health Center's 20<sup>th</sup> anniversary! Artwork will be featured on the July 2024 to December 2025 Calendar.
- Created with a horizontal orientation no larger than 8.5"x 11"
- Art Criteria: All submitted work should be original creations 100% created by the individual.
  - Drawings: pencil, ink, crayon, markers, pastels, charcoal, etc.
  - Paint: watercolor, acrylic, oil, tempera, etc.
  - *Digital Designs:* computer-generated art created by the individual. No audio, motion, or artificial intelligence (AI) generated art.
  - *Mixed Media:* mod-podge collages or mixed mediums. Collages must be entered as ONE image.
- If artists want to sign their art, they should sign only with their initials. To preserve judging impartiality, the artist's full name must not be visible on the art.
- U.S. Copyright laws apply to art entries. Artists and parent/guardian take full responsibility. See Plagiarism Explained below.\*\*
- Artwork & Entry Form may be submitted in one of the following ways:
  - Mail submission and entry form to VVHC, Attn: Coloring Contest, 2690 NE Kresky Avenue, Chehalis, WA 98532 (or submit through interoffice mail)
  - Email <u>administration@vvhc.org</u> (JPEG or PNG image of the art (5 MB max) and the entry form.
  - o Drop off in person at 2501 NE Kresky Avenue, Chehalis, WA 98532, by Friday, May 24, 5 pm.

**Deadline:** All submissions must be received with the entry form by 5 p.m. on May 24, 2024, for consideration. The selected artists will be notified by June 10, 2024, and honored at Valley View Health Center's 20<sup>th</sup> Anniversary Celebration on July 2, 2024.

## Prize:

\$100 gift card and a copy of the calendar.

\*\*Plagiarism/Copyright Explained: Submissions must be original in concept and design. Individuals may find inspiration from elements of existing art, but their creation cannot closely resemble it. For example, if an artist wants to draw an apple, they can LOOK at an apple while drawing their version of an apple, but they cannot trace it or attempt to recreate an entire image, coloring page, or scene created by another person. Individuals and families are responsible for all actions resulting from plagiarism. Art that violates plagiarism or U.S. Copyright laws will NOT be eligible.



## **ENTRY FORM**

Complete the following information and attach with your submission. If this information is not included, you will not be contacted and awarded at the 20th Anniversary Celebration.

Name:
Phone number:
Your email address:
County of Residence:
Are you an employee/ family member of an employee? □Yes □No
If you are related to a VVHC employee, the employee you are related to:

I understand that by submitting this artwork for consideration for the Valley View Health Center Healthy Living Calendar Art Contest, it may be used for marketing and outreach as needed in Valley View Health Center's marketing campaigns in print and online. I, \_\_\_\_\_\_, the original artist of this submission, surrender all publication and reproduction rights to the artwork for the purposes listed above, including posting on the <u>vvhc.org</u> website and through VVHC's social media.

Name & Signature (Parent/Guardian if Under 18)

Date